

KIMBERLEYSE TREIN

(South-Africa)

Music: Record: "Dans met ons ..." EP 102

Formation: Circle dance, single circle of cpls facing ctr, hands joined at shoulder height.

Measures Pattern

To center and back

1-4 Twd ctr with 8 walking steps, rolling arms fwd (as wheels!).
5-8 Bkwd with 8 walking steps, rolling arms oppositely.

Elbow swing

a. Original form (for adults)

9-16 Ptrs R elbow swing with 16 buzz (pivot) steps, L hand on hip;
finish facing ctr with W on ptr's L.

b. Variant for children.

9-16 Ptrs R elbow swing with 16 skipping steps, L hand above
head, with or without changing of places.

Presented by Huig Hofman